

Tips:

Provide a notebook for each participant or have each participant purchase a notebook for the purpose of starting an employment journal. Encourage participants to write down any / all of the information generated by these activities, as well as other thoughts about employment that occur to them between group sessions.

Encourage participants to take credit for all of the work, paid and unpaid, that they have done in the past.

For participants who have worked before, it can be helpful to explore what they learned from their work experiences about what they like and don't like about a job situation.

Encourage participants to be as honest as they can be in assessing the reasons they lost or left jobs in the past. This is important information for them to carry into their next effort at employment.

Outcomes:

By the time you are finished going over Brochure 5, participants should:

- a) have compiled enough personal inventory information to be able to start working on a resume.
- b) have done some thinking about their work capacities and preferences enough to begin exploring vocational options.
- c) have started thinking about what kinds of jobs would be good matches for them given the above information.
- d) have a sense of what they would need to know about a job to evaluate if it is a good match for them.